

## Finding Health Information on the Web

### Using Google to find health information

**To cut down the number of hits** – use more keywords, put key phrases in quotes, e.g. “care pathways”.

**To get more hits** – try adding more keywords

**Use 'Advanced Search' option on Google** provides options to limit your search.

#### Try Google Scholar

<http://scholar.google.com/> searches scholarly literature, including theses, books, abstracts and articles.

**Refine results for** – sometimes Google will offer some useful hints. Look for their ‘refine results for’ links at the top of the search results page that help you quickly narrow your search

#### Check out the Google Help Centre

<http://www.google.com/help/features.html>

**Don't always stick to Google.** Sometimes it is better to go straight to portals for your topic. See those suggested in this leaflet including MedlinePlus

**Do a training session** or look for free online tutorials.

### Key Health Portals on the Web

**National Library of Medicine (NLM)**, in Bethesda, Maryland, is the world's largest medical library they provide the following wonderful resources free of charge:

#### MedlinePlus

<http://www.nlm.nih.gov/medlineplus>

Medline plus offers full text information about many medical conditions and links to authoritative sources.

#### PubMed

<http://www.ncbi.nlm.nih.gov/entrez>

Medline on the web - the comprehensive database of article titles and abstracts. See their free tutorial.

**US National Institutes of Health (NIH). Health Information. Health topics A-Z.**

<http://health.nih.gov/>

#### PubMed Central

<http://www.pubmedcentral.nih.gov/>

Free biomedical journals from U.S. National Institutes of Health (NIH) National Center.

#### UK PubMed Central

<http://ukpmc.ac.uk/>

**The UK National Health Service** also offers sites with authoritative health information:

**Electronic Quality Information for Patients (NHS)**

<http://www.equip.nhs.uk>

**NHS Information (Patient UK)**

<http://www.patient.co.uk>

**National Library for Health (NLH). NHS**

<http://www.nelh.nhs.uk/>

### Resources available free to Christchurch Residents

**Health Information Resources (Christchurch City Libraries)**

<http://library.christchurch.org.nz/Health/>

Access an exciting range of full text health resources at the libraries including *Ebsco Megasearch*, *Infotrac Onefile* and *Health and Wellness Resource Centre*.

Ask to have a PIN number on your library card for remote access to resources. *Don't forget to check out their books too.*



**New Zealand Ministry of Health (Free online health information)**

[www.moh.govt.nz/yourhealth](http://www.moh.govt.nz/yourhealth)

*Essential evidence-based resources now free to all New Zealanders!!* The ministry has negotiated free access to these resources which provide reliable health information for consumers including: *Best Treatments* and the *Cochrane Library*.

**Community Health Information Centre (CHIC)**

<http://www.cph.co.nz/About-Us/Community-Health-Information.asp>

Provide free information for health consumers on a wide variety of health issues

**Allan Bean Centre Library**

<http://www.burwood.org.nz/library.asp>

The ABC Library provides information resources on disability and rehabilitation for patients, their families, whanau, caregivers, hospital staff, students and researchers.

## New Zealand health information

### Everybody.co.nz

<http://www.everybody.co.nz/about.aspx>

A consumer health information resource that is owned and published by CMPMedica (NZ) Ltd.

### Ministry of Health. Health Topics A Z

<http://www.moh.govt.nz/moh.nsf>

---

## Maori Health

### Maori Health

<http://www.maorihealth.govt.nz/>

Ministry of Health website that provides information about Māori Health policies, programmes, and people.

### Nga Ngaru Hauora O Aotearoa (National Maori Health Providers' Association)

<http://www.ngangaru.co.nze>

---

## Finding more general New Zealand information

### Te Puna Web Directory

<http://webdirectory.natlib.govt.nz/index.htm>

A directory to New Zealand & Pacific Island web sites.



## Finding Guidelines

### New Zealand Guidelines Group

[www.moh.govt.nz/publications/guidelines](http://www.moh.govt.nz/publications/guidelines)

### National Guideline Clearinghouse™ (NGC)

<http://www.guideline.gov/>

An American public resource for evidence-based clinical practice guidelines

---

## Other health Portals

### Child and Adolescent Mental Health (CAMH):

<http://www.camh.org.uk/>

### National Heart, Lung, and Blood Institute. Information for health professionals

<http://www.nhlbi.nih.gov/health/indexpro.htm>

### Family & Community Health. New York State Department of Health

<http://www.health.state.ny.us/community/>

### Mental Health Specialist Library

<http://www.library.nhs.uk/mentalhealth/>

### NZCareCoach

<http://www.carers.net.nz>

Check the link to NZCareCoach on this page.

---

## Directories of health information

### University of Otago Library. Health Sciences Web Resources

<http://www.library.otago.ac.nz/subjectguides/hasc.php>

## Health Statistics

### The New Zealand Health Information Service (NZHIS)

<http://www.nzhis.govt.nz/>

This New Zealand Ministry of Health group provides statistics and trends on the prevalence of diseases and the effectiveness of treatments.

### Statistics New Zealand Tatauranga Aotearoa

<http://www.stats.govt.nz/default.htm>

### World health Organisation. A guide to statistical information at WHO

<http://www.who.int/whosis/en/>

Presents the most recent statistics since 1997 of 50 health indicators for WHO's 192 Member States, including New Zealand.

### Nationmaster

<http://www.nationmaster.com/country/nz/Top-Rankings>

A one-stop web resource for country statistics on everything from health, crime to wall-plug-voltages.

View profiles and rankings of individual countries, compile graphs and lists. Also has a fully integrated encyclopedia with over one million articles.

---

## Canterbury Medical Library

<http://www.chmeds.ac.nz/departments/library>

Health professionals or anyone studying towards a professional health qualification may apply for personal membership of the library. There is an annual membership fee.

Membership is free to staff and students of the Christchurch School of Medicine and Health Sciences and Canterbury District Health Board hospitals.