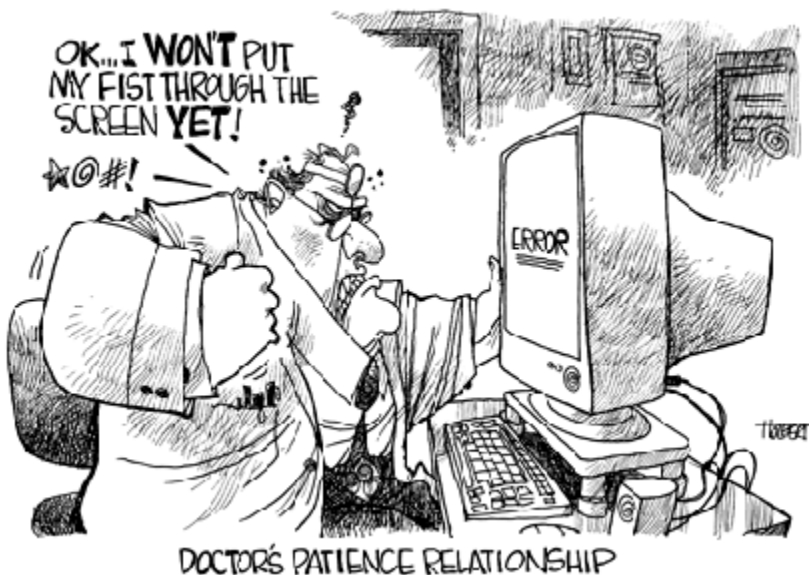


CANTERBURY CHAIR OF GENERAL PRACTICE TRUST

CONTINUING EDUCATION PROGRAMME

JULY-NOVEMBER 2010



Booklet now also available in pdf format -
download from our web page

www.chmeds.ac.nz/departments/genprac/cme.htm

Welcome to the winter CME programme. We have a large selection of sessions covering a wide range of topics from infant feeding problems to menopause treatments. I hope you find plenty of interest.

MOPS points are now recorded online for all those that are registered for this service. To make sure your points are awarded, please check that Jenny has your MCNZ number or RNZCGP membership number, there is a space on the registration form where these can be included or you can email them to her at jenny.williams@otago.ac.nz. You must also sign the attendance sheet at each session.

Don't forget to look at our website <http://www.chmeds.ac.nz/departments/genprac/cme.htm> where you will find details of all the sessions and downloadable copies of our booklet and slides from selected sessions. You can also sign up for a regular email reminder service for forthcoming sessions.

Ben

The College of GPs Annual Conference is in Christchurch this year. The theme is 'Doing the Right Thing'. Continually updated programme and registration information is available at: <http://www.rnzcgp.org.nz/rnzcgp-conference-2010-registrations-now-open/>. Do the Right Thing and come to the Christchurch conference!



Contact Details

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Ben Hudson

ben.hudson@otago.ac.nz

Administrator

Jenny Williams

jenny.williams@otago.ac.nz

Phone: 364 3612

www.chmeds.ac.nz/departments/genprac/cme.htm

Department of Public Health and General Practice
1st Floor, St Elmo Courts, 47 Hereford Street, PO Box 4345
CHRISTCHURCH 8140, Fax: 364 3637

Please Note:

- We continue our policy not to give refunds. We will give credits to people who give us at least 24 hours notice if unable to attend a session they have registered for.
- Please remember to put your fax number on your registration forms, we have found that contacting people via fax is the most effective way if we need to notify of a change of venue, session cancellation, etc...
- Please note that we do not send confirmation of registration, we will only contact you if there is a problem with registration i.e. no spaces left, venue/time changes, session cancelled, etc...

Anxiety disorders

Caroline Bell

Caroline Bell is consultant psychiatrist at the Anxiety Disorders Unit. She will review this common group of disorders and will discuss who to manage in primary care, how to manage them and who to refer on.

Re-scheduled from last semester.

Date: Tuesday 20th July

Time: 6:30pm Doors open - 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 13th July **MOPS:** 2

“Help! My baby has reflux”

Maud Meates-Dennis

Maud Meates-Dennis, paediatrician, will discuss common feeding problems in babies. She will cover infant colic, gastro-oesophageal reflux and food allergies.

Date: Thursday 22nd July

Time: 6:30pm Doors open - 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Thurs 15th July **MOPS:** 2

Sudden Unexpected Death in Infancy - “The Hidden Patient”

Stephanie Cowan and David Smith of Change for our Children, will present an evidence update and prevention overview of sudden infant death and will discuss the role of the general practice team in its prevention. Change for our Children works for change that directly benefits children. They design and implement local solutions to issues that are of global concern, in particular preventable infant death, family smoking and parent education. Their initiatives include Smokechange, a smoke-free pregnancy service, and Safe Start, for promoting infant health and survival. They are the group behind the SIDS leaflets and the current **safe sleep** effort, working with an extensive network of others across New Zealand to protect babies as they sleep.

Further information on Change for our Children is available at http://www.changeforourchildren.co.nz/safe_start_programme/baby_essentials_online

Date: Tuesday 27th July
Time: 6:30pm Doors open – 7:00-9:00pm Seminar
Venue: 1st Floor Seminar Room, St Elmo Courts
Register By: Tues 20th July **MOPS:** 2

Paediatric ENT problems

Phil Bird

Phil Bird, ENT surgeon will discuss childhood middle ear disease, sensori-neural hearing loss, neonatal hearing screening and cochlear implantation

Date: Tuesday 3rd August
Time: 6:30pm Doors open – 7:00-9:00pm Seminar
Venue: 1st Floor Seminar Room, St Elmo Courts
Register By: Tues 27th July **MOPS:** 2

Women's health – chronic pelvic pain

Helene MacNab

Helene MacNab, gynaecologist, will discuss the assessment and management of endometriosis and other causes of chronic pelvic pain.

Date: Tuesday 10th August

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 3rd August **MOPS:** 2

State of the (he)art – recent developments in cardiac imaging

Ross Keenan

Ross Keenan, radiologist and his cardiology and radiology colleagues at the Heart Vision group will present the latest on cardiac CT imaging and discuss its indications, uses and limitations.

Date: Thursday 19th August

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Thurs 12th August **MOPS:** 2

Living with osteoarthritis - practical tips and an introduction to the Arthritis Society

Janet Tweedy

Janet Tweedy, Arthritis Educator at the Arthritis Society will discuss ways of helping patients with osteoarthritis, review sources of patient support and introduce the Arthritis Society.

Date: Thursday 26th August

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Thurs 19th August **MOPS:** 2

Epilepsy management in primary care

John Fink

John Fink, neurologist, will review the GP's role in epilepsy diagnosis and referral, and will discuss treatment monitoring, medication changes and withdrawal.

Date: Tuesday 31st August

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 24th August **MOPS:** 2

Managing the menopause – an update

Anna Fenton

Anna Fenton, endocrinologist, will discuss the management of menopausal symptoms and give an update on treatment safety.

Date: Tuesday 7th September

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 31st August **MOPS:** 2

Acute arthritis

Lisa Stamp

Lisa Stamp, rheumatologist, will discuss management of the acutely inflamed joint. She will cover the initial diagnosis, investigation, referral and acute treatment, and the benefits of early introduction of disease modifying anti-rheumatic drug (DMARD) treatment.

Date: Tuesday 14th September

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 7th September **MOPS:** 2

Irritable Bowel Syndrome - assessment and symptom management

Judy Moore

Judy Moore is a nurse specialist in irritable bowel syndrome at the Oxford Clinic where she has led the IBS service since 2005. She will cover the assessment and symptomatic management of IBS.

Date: Tuesday 21st September

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 14th September **MOPS:** 2

Chronic pain - psychological and medical approaches to management

John Alchin & Mike McKinney

This is a joint presentation by John Alchin, pain specialist and Mike McKinney, senior clinical psychologist from the Burwood Pain Clinic. They will discuss the management of this often difficult to treat area.

Date: Tuesday 12th October

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 5th October **MOPS:** 2

4 year old child development and the B4 School Check

Brigid Jenkinson

Brigid Jenkinson is coordinator of the Canterbury B4 School Check Programme. She will discuss the B4 school check and relevant aspects of child development.

<http://www.moh.govt.nz/b4schoolcheck>



Date: Thursday 21st October

Time: 6:30pm Doors open - 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Thurs 14th October **MOPS:** 2

External ear problems - wax removal, otitis externa, foreign bodies and itchy ears

Jane Rees

Jane Rees is a registered nurse with extensive experience in ear problems. She runs an ear clinic using micro-suction technology and works with audiology clinics and clients with hearing difficulties. She will discuss safe, practical approaches to these common ear complaints.

Date: Thursday 28th October

Time: 6:30pm Doors open - 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Thurs 21st October **MOPS:** 2

Skin cancer update

Martin Keefe & Jeremy Simcock

Martin Keefe, dermatologist and Jeremy Simcock, plastic surgeon will present this joint session. They will review the diagnosis and management of skin cancers and will discuss options for excisional and non-excisional management.

Date: Thursday 4th November

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Thurs 28th October **MOPS:** 2

Bladder dysfunction in adults

Gill Prior

Gill Prior, continence advisor and physiotherapist with Nurse Maude will discuss the assessment and management of adult bladder problems.

Date: Tuesday 9th November

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 2nd November **MOPS:** 2

Assessment of acute abdominal pain

John Frye

John Frye, colorectal surgeon will discuss the assessment of acute abdominal pain in adults.

Date: Tuesday 16th November

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 9th November **MOPS:** 2

Childhood orthopaedic problems

John McKie

John McKie, orthopaedic surgeon, will cover the assessment, referral and management of common childhood orthopaedic problems. John is happy to discuss any specific problems that attendees are interested in - please email suggestions to me at ben.hudson@otago.ac.nz and I will pass them on to him before the session.

Date: Tuesday 23rd November

Time: 6:30pm Doors open – 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 16th November **MOPS:** 2

Bowel dysfunction in adults

Gill Prior

Gill Prior, continence advisor and physiotherapist with Nurse Maude returns to discuss adult bowel dysfunction and its management.

Date: Tuesday 30th November

Time: 6:30pm Doors open - 7:00-9:00pm Seminar

Venue: 1st Floor Seminar Room, St Elmo Courts

Register By: Tues 23rd November

MOPS: 2



REGISTRATION FORM

GST No. 68 645 476

(Registration fee includes GST)

Name: _____

Surgery: _____

Postal Address: _____

Postcode: _____

Work phone: _____ Fax: _____

Mobile phone: _____

E-mail Address: _____

Occupation: GP PN Other _____

Member RNZCGP (\$47 per session) <input type="checkbox"/>	Practice Nurse (\$37 per session) <input type="checkbox"/>
GP Registrar Pre-Primex (\$42 per session) <input type="checkbox"/>	Public Health Nurse (\$37 per session) <input type="checkbox"/>
GP Non Member RNZCGP (\$55 per session) <input type="checkbox"/>	Midwife (\$37 per session) <input type="checkbox"/>
Medical Council Number _____	Practice Manager/Receptionist/Plunket Nurse/Carer <i>(please indicate)</i> (\$37 per session) <input type="checkbox"/>

- | | |
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| Anxiety disorders <i>Tues 20th Jul</i> | <input type="checkbox"/> |
| "Help! My baby has reflux" <i>Thurs 22nd Jul</i> | <input type="checkbox"/> |
| Sudden Unexpected Death in Infancy - "The Hidden Patient" <i>Tues 27th Jul</i> | <input type="checkbox"/> |
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| Epilepsy management in primary care <i>Tues 31st Aug</i> | <input type="checkbox"/> |
| Managing the menopause - an update <i>Tues 7th Sept</i> | <input type="checkbox"/> |
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| Irritable Bowel Syndrome <i>Tues 21st Sept</i> | <input type="checkbox"/> |
| Chronic pain <i>Tues 12th Oct</i> | <input type="checkbox"/> |
| 4 year old child development and the B4 School Check <i>Thurs 21st Oct</i> | <input type="checkbox"/> |
| External ear problems <i>Thurs 28th Oct</i> | <input type="checkbox"/> |
| Skin cancer update <i>Thurs 4th Nov</i> | <input type="checkbox"/> |
| Bladder dysfunction in adults <i>Tues 9th Nov</i> | <input type="checkbox"/> |
| Assessment of acute abdominal pain <i>Tues 16th Nov</i> | <input type="checkbox"/> |
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| Bowel dysfunction in adults <i>Tues 30th Nov</i> | <input type="checkbox"/> |

Registration Fee x _____ sessions = **TOTAL Payable: \$** _____

Please make cheques payable to: Chair of GP Trust

Please find cheque enclosed OR
 charge my **VISA** **MASTERCARD**

Cardholders Name: _____ Card Expires: /

Card No:

Suggested topics for future seminars:.....

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MARK PARIS

REGISTRATION FORM

GST No. 68 645 476

(Registration fee includes GST)

Name: _____

Surgery: _____

Postal Address: _____

Postcode: _____

Work phone: _____ Fax: _____

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Occupation: GP PN Other _____

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Card No:

Suggested topics for future seminars:.....



"If you're stumped, why not write an illegible prescription and hope the pharmacist comes up with something?"

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Please Post to: The CEP Administrator, Department of Public Health & General Practice,
 P O Box 4345, Christchurch 8140 OR Fax: 364 3637

CHANGE OF DETAILS / NEW SUBSCRIPTION FORM

Name _____

Occupation: GP PN other: _____

Email Address: _____

I would like to receive email reminders about
upcoming seminars

Please take me off you mailing list I will
download a copy of the booklet from your website

New Postal Address: _____

_____ Post code: _____

Work Phone: _____ Work Fax: _____

Previous Address: _____

Fax: 364 3637 or post to: Jenny Williams - CME Administrator,
Dept PH & GP, PO Box 4345, CHRISTCHURCH 8140

General Practice

Continuing Professional Education

In association with...



The Royal New Zealand College of
General Practitioners

Date	Topic	Register By
Tuesday 20 th July	Anxiety disorders	Tues 13 th July
Thursday 22 nd July	"Help! My baby has reflux"	Thurs 15 th July
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Tuesday 16 th Nov	Assessment of acute abdominal pain	Tues 9 th Nov
Tuesday 23 rd Nov	Childhood orthopaedic problems	Tues 16 th Nov
Tuesday 30 th Nov	Bowel dysfunction in adults	Tues 23 rd Nov